



COV 15

FUNDING AGREEMENT

NORTHERN MIDLANDS COUNCIL

– and –

RURAL ALIVE AND WELL TASMANIA

Northern Midlands Council agrees to contribute funding towards the Rural Alive and Well (RAW) program in Perth Tasmania. The funding amount will be \$10,000 per annum for a period of 3 years.

The funds are primarily toward the rent of the premises at Perth to enable RAW to deliver services to the Northern Midlands community.

Northern Midlands Council Strategic Plan

Funding of the RAW program at Perth supports the Northern Midlands Council 2017-2027 Strategic Plan objective:

Caring, Healthy, Safe Communities – Awareness, education and service

- Equal access to health, safety and community services
- Advocate for equitable health, education and employment
- Support networks for older persons and youth at risk
- Support networks assisting victims of domestic violence
- Foster arts and culture participation at local level
- All abilities sport and exercise facilities available
- Cater for community members with disabilities

Partnership and Collaboration

The Northern Midlands Council and Rural Alive and Well will work in partnership to ensure that the programs meet the needs and improve the health and well-being of the Northern Midlands Community.

RAW will ensure that the funding received from Council will be utilised to directly benefit the Northern Midlands Community, specifically by:

- Liaising regularly with Council's Youth Officer and Project Officer with regard to the needs of the Northern Midlands community, particularly youth
- Consult with Council with regard to new project and service ideas for the Perth premises prior to their implementation
- Providing Council opportunity to work collaboratively with RAW including attending meetings involving planning of service delivery in the Northern Midlands

Community Benefit

RAW will ensure that the funding received from Council will be utilised to directly benefit the Northern Midlands Community, specifically:

- Liaise with Council's Youth Officer and Project Officer with regard to the needs of the Northern Midlands community, particularly youth.
- Consult with Council with regard to new project and service ideas for the Perth premises prior to their implementation.

Reporting

Under this funding agreement, Rural Alive and Well will provide Council with a general service update report on a 6-monthly basis. Specifically, the report will identify:

- The services and programs facilitated in the Perth facility
- Key partnerships developed with other organisations and the Northern Midlands Community
- Data available regarding the benefits of service provision to the Northern Midlands

Financial

RAW will submit a tax invoice for the first instalment of \$10,000 after the signing of the agreement. The second tax invoice for \$10,000 will be submitted with the second update report, and the third tax invoice for \$10,000 will be submitted with the fourth update report.

Signed:

.....
Des Jennings – General Manager

Northern Midlands Council

Date:

.....
Barb Walters – Chief Executive Officer

Rural Alive and Well Tasmania

Date:

ANNUAL REPORT

RURAL ALIVE AND WELL

2018/2019

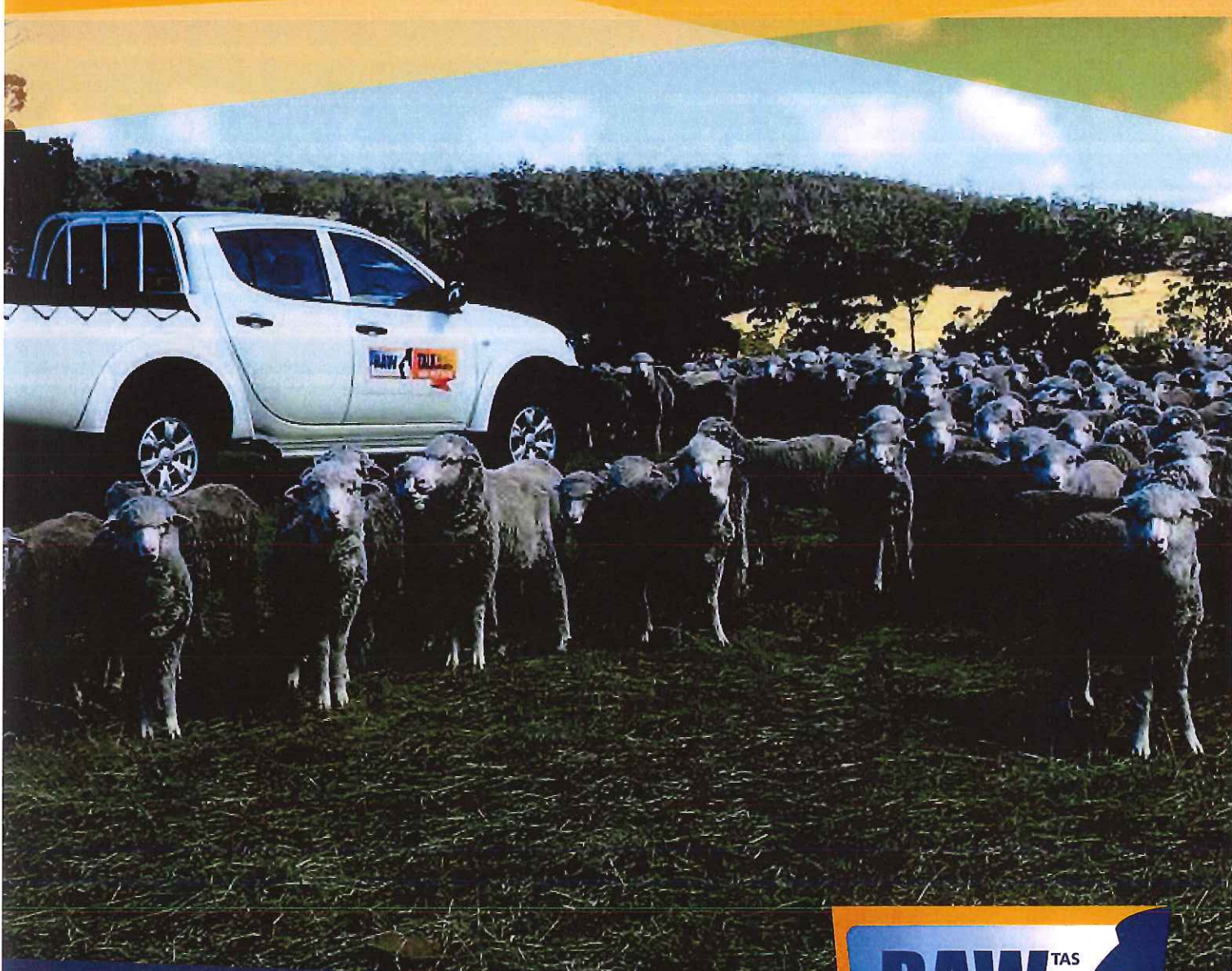


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Vision Statement

RAW Inc. is an incorporated not for profit organisation formed to create resilience and capacity of individuals, families and the community, to react to challenging life experiences with particular emphasis on mental health and wellbeing.

Vision

To increase the health and wellbeing of the Tasmanian rural community, to improve mental health, resilience and suicide prevention.

Mission

To improve mental health and wellbeing throughout Tasmania, to assist and support rural communities to respond to adversity, improve resilience and reduce rates of suicide.

Values

RAW is committed to providing rural Tasmanians with a service that builds trust and is delivered with care, commitment and compassion.

Board of Directors

President – Ian McMichael

Vice President – Nick Goddard

Junior Vice President – Anne Downie

Treasurer – Dianne Fowler

Public Officer – Noel Beven

Secretary – Robin Thompson

Members – John Tuskin, Dr Robert Walters, Nicholas d'Antoine (Retired November 2018), Ron Christie (Retired January 2019), Leonie Young (Retired March 2019), Virginia Mudie (Appointed May 2019), and Lynn Mason (Appointed May 2019)

Board Sub Committees

Finance Audit Risk & Compliance

Dianne Fowler
Ian McMichael
Nick Goddard

Marketing, Public Relations & IT

Ian McMichael
Dr Robert Walters
Nick Goddard

2018-2019 Impacts



Worked with **898** clients

3678 counselling and support sessions

280 individuals attended RAW industry information sessions

413 local community members now trained in MHFA

104 organisations or networks participated in Healthy and Resilient Communities projects across
31 communities in Tasmania

Over **280** people participated in the Oatlands Blue Farmer Project

Celebrated **10** years of service to rural Tasmanian communities

Circumnavigated the world **8.2** times providing program delivery to Rural Tasmania. That is **328,280km** driven during the financial year



From the President

It gives me pleasure to present the 10th Annual Report of Rural Alive and Well Inc. (RAW) for the 2018/2019 financial year.

Over the last decade RAW has expanded its service coverage to include families and communities as well as individuals. It has also broadened its focus to work with those directly or indirectly supporting the agriculture, aquaculture and other primary industries (such as bio-hazard officers and contractors) along with those living in rural communities.

More recently RAW has expanded its practice framework to mobilise 'lived experience', not only in relation to mental health and suicide prevention, but also in relation to 'rurality' and understanding the importance of the cultural context of rural practice.

Our RAW programs are unique and broadly recognised as a national practice leader in the prevention of rural suicide and the promotion of rural mental health and wellbeing. RAW, with the collaborative contribution of the services and communities in rural areas within the state have led to a positive downward trend of suicide rates within Rural Tasmania, the only State in Australia to do so.

The many and varied issues of Mental Health and potential suicidality continue to be at the forefront of our daily encounters. This represents a small achievement and note with caution the vagaries of the economic and climatic conditions that surround us.

Highlights this year included:

- With continued support from The Ian Potter Foundation, TasNetworks and The Cape Hope Foundation, RAW completed the three-year implementation of the Healthy and Resilient Communities Project throughout 31 communities in Rural Tasmania.
- Continued bimonthly visits to King Island
- Establishment of a Training and Capacity building program/ team
- On-going auspices of information sessions, attending many community functions and shows, (eg. Agfest) endeavouring to promote a stronger approach within communities around mental health and suicide issues to help reduce the stigma attached to these illnesses.
- Continuing to work closely with other NGO organisations like; Lifeline; Men's Sheds; Rural Youth; Relationships Australia; Anglicare; Beyond Blue; Salvation Army; Uniting Care, Rotary, Rural Business Tasmania; Tasmanian Seafood Industry Council etc. The importance of these relationships cannot be underestimated.
- RAW being the recipient of generous donations after the fires in January 2019, plus the support of Ruralco group of businesses accepting donations on behalf of RAW to deliver to those in need.
- Securing long-term funding for the various programs from all levels of Government and the Private sector.

The pressure for our services continues to push the boundaries. RAW could not do this work if it were not for our partners, the three Tiers of Government and the Private sector. I acknowledge both Federal and State Governments for their ongoing interest and support; Local Governments (Glamorgan/Spring Bay, Southern Midlands, LGA's) for their active participation; the Private sector,

notably The Ian Potter Foundation, TasNetworks, Ruralco Ltd., Tasmanian Minerals & Energy Council, The Cape Hope Foundation, Rotary and Lions Clubs to name but a few. To you all and the many individual donations; your generous support is certainly appreciated.

During the course of the year, Mr. Nicholas d'Antoine, Mrs. Leonie Young and Mr. Ron Christie retired from the board after years of strong contribution. I thank them for their counsel and dedication to the ongoing work of RAW. Mrs. Lynn Mason and Mrs. Virginia Mudie have joined the Board and we look forward to their input.

Liz Little our current CEO ends her tenure in July 2019. With Liz at the helm there has been a stabilising influence; instrumental in maintaining, promoting and growing our Outreach and Community Programs, plus securing much needed longer-term funding. Liz we all thank you for enthusiastic input and guidance.

To the staff and my fellow board members it continues to be a team effort. Your dedication and advice continues to strengthen the recognition of the RAW brand. On behalf of our Rural and Remote Communities, I sincerely thank you for your continuation to drive our vision and objectives for the betterment of the individuals and communities in the more inaccessible areas of Tasmania.

**Ian McMichael OAM
President**



From the CEO

My third year as CEO of Rural Alive and Well Inc. (RAW) has been very busy working to consolidate our funding base, extending and strengthening our Outreach program, refocussing and developing our Capacity Building and Training effort.

RAW is an incorporated not-for-profit organisation that is the only state-wide provider of mental health wellbeing and suicide prevention programs to rural Tasmania. RAW provides an entirely mobile service delivering for its programs via a fleet of SUV's that move around the state. We also delivered services on King and Flinders Islands in the Bass Strait. RAW is highly respected in the communities it services and makes a significant contribution to the sustainability and quality of life of rural communities across Tasmania.

Services delivered by RAW are low-cost, low-stigma mental health and suicide prevention programs that provide person-centred, non-clinical care and practical support through assertive outreach. We focus on early intervention, aiming to improve mental health and wellbeing, prevent repeat suicide attempts and suicide deaths. RAW adopts a culturally sensitive, strengths-based, and collaborative approach to delivering services. Our workers are recruited from a range of backgrounds and receive training and ongoing support to provide evidence-informed care to people. In 2018/2019 RAW delivered its services through two main programs.

Firstly, the RAW Outreach program that provides direct support to individuals, families, and communities who are 'at risk' of suicide or who are experiencing mental health issues. The Outreach program is available either face-to-face or through our 24/7 phone service, 1300 HELP MATE.

The Outreach program focuses on strengths based approaches, building community connectedness for 'at risk' individuals and families. The program involves assertive outreach including 'cold calling', going where people live and work, demonstrating genuine care with a proactive approach to providing ongoing physical and emotional support to individuals along with their families and carers.

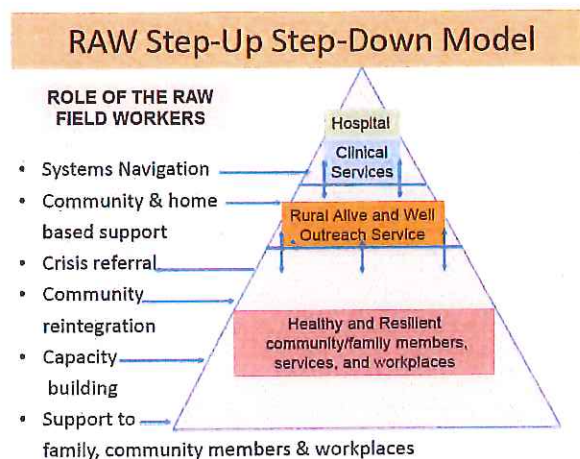
The Outreach service also operates an out-of-hours crisis call-out capacity across the state. Safety management for this service is conducted in collaboration with Tasmania Police and other relevant emergency services.

Outreach staff conduct regular farm and house visits making contact with those who are isolated or overlooked or who are simply 'doing it tough'. The Outreach team focus on client engagement and take the time needed to connect with people, providing ongoing support or referral to key services.

Following a referral to RAW, Outreach Workers contact the person and work with them to:

- identify risk and safety issues;
- set goals;
- provide support, coaching and motivation to encourage individuals to build skills and motivation to engage with family and community supports and to stay alive;
- stay connected to informal and formal supports and services that strengthen their mental health and promote recovery;
- provide warm referrals to and support engagement with support services that may include clinical care, safe and secure housing, financial or relationship counselling, getting back to study or work, and/or keeping in touch with family and friends.

RAW operates in a 'step-up/step-down' model (see below) by providing systems navigation including facilitating engagement of rural people with clinical and specialist services as require. RAW works in partnership with families and communities to support integration and reintegration of 'at risk' individuals into their local community networks including into social and recreational programs.



In 2018/2019 the Outreach program:

- received 424 new referrals and worked with 898 clients;
- delivered 2,531 face-to-face and 1,237 phone counselling and support sessions;
- received 986 calls to its 24/7 1300HELPMATE crisis line.

RAW had a slight decrease (2%) in our total number of clients in 2018/2019, we delivered 11% more face-to face and 35% more phone support interventions than the previous year.

The number of calls to the 24/7 1300HELPMATE line increased by 60% over the same period. While these numbers may reflect improved data recording, they also show significantly increased demand and more targeted service delivery.

RAW acknowledges and thanks the Tasmanian Government and Primary Health Tasmania for their ongoing funding of the RAW Outreach program.

In September 2018 RAW completed the delivery of our three-year Healthy and Resilient Communities (HaRC) program which aimed to build community capacity in order to enhance mental health and wellbeing protective factors such as coping capability, resilience and connectedness. Furthermore, this equips rural Tasmanian communities to react to challenging life experiences, and recognise and support community members who may be 'at risk'. Over three years RAW worked with 31 rural communities across Tasmania to deliver HaRC.

The 2018 TasUni review of the HaRC program showed us that the 'top-down' approach to engaging communities through the establishment of Community Reference Groups and the preparation of

formal Suicide Prevention Plans had varied implementation success. This approach de-emphasised the importance of engaging community members with 'lived experience' of suicide and mental health issues and primarily engaged service provider or institutional representation.

To address these issues in 2018/2019, RAW established a new Training and Capacity Building Team. One key focus of their work in 2018/2019 has been developing RAW's capacity and expertise in engaging and working with people with 'lived experience'. Our focus has been to engage 'ordinary' people and identify ways to reduce social isolation and build connectedness through stronger community networks and relationships by providing shared opportunities, events, and experiences that enhance the quality of their life and develop and strengthen community linkages and understanding. This 'bottom-up' approach also drives the development of innovative and localised solutions in communities.

Under this program RAW facilitates the delivery of training and information sessions to build the community's strength and capacity to prevent suicide. We offer comprehensive mentoring and support to communities and groups (localities, populations, and industry) and deliver or broker flexible training programs as needed. RAW's training capacity includes programs (such as Mental Health First Aid) that empower local communities, organisations or industries to recognise the signs and indicators of suicide and give participants the confidence and skills to identify and help someone at risk and to refer them to appropriate services. RAW's training programs do not require detailed knowledge or skills and are pitched at a level where people feel comfortable about acquiring and using their new skills.

In 2018/2019 RAW delivered accredited mental health and suicide prevention courses across rural Tasmania. This resulted in 253 individuals receiving national accreditation to be a Mental Health Aiders. RAW also delivered numerous information sessions to community/ industry information

sessions. RAW's Training and Information program delivers training as a community service obligation under its government contracts as well as delivering training on a cost recovery or incoming generating basis.

RAW thanks our community donors for their ongoing support of our capacity building program.

Major activities in the 2018/2019 budget year:

Collaborations and Partnerships

RAW continued or developed ongoing partnerships and activities with the following organisations: the Hobart Clinic; the Men's Sheds Network; Rural Youth; Tasmanian Farmers and Graziers Association; Rural Business Tasmania (RBT); Lifeline; local Rotary clubs; the Grenet Foundation; Alcohol and Drug Foundation (ATDC); Suicide Prevention Australia (SPA); Mental Health Leaders Forum - Mental Health Council of Tasmania (MHCT); Alcohol, Tobacco, and other Drugs Council of Tasmania (ATDC); Headspace; Steering Committee – Tasmanian Suicide Prevention Test Site; Black Dog Institute; Stay Afloat - Tasmanian Seafood Industry Council; Recovery Partners Forum (natural disaster management); Emergency Services Workers Network (Tarraleah); Rural Financial Counsellors, South Australia; Gippsland Rural Financial Counselling Service; The Junction, Mount Gambier; Advocacy Tasmania; Communities Tasmania; and, Rural and Remote Mental Health Symposium.

Working with Industry

RAW continues its partnership under the Stay Afloat program with the Tasmanian Seafood Industry Council (TSIC) in order to design and deliver a state-wide program to the seafood industry in order to enhance the mental health and wellbeing of industry members and reduce suicide.

RAW has also developed an ongoing partnership with Bell Bay Aluminium after delivering Mental Health First Aid to its 400 workers on site. We are now exploring possible programs to support the development of site based 'peer support' networks.

Natural Disaster Recovery

RAW was active in supporting local communities and towns in the 2019 bushfires including accepting and distributing community donations.

The above are just some of my activities as RAW CEO over the last year... RAW is a very busy place. In closing this report and with my resignation from the role of RAW CEO in a few weeks, I want to acknowledge all the communities, people and rural businesses who have supported us during my time at RAW. The feedback from you about the relevance and value of RAW's contribution to rural Tasmania makes it all worthwhile... your common-sense, your 'can-do' attitude, your 'bounce-back resilience' has been wonderful to share, it has made my role so much easier and enjoyable.

I particularly want to thank the Board and staff of RAW who have worked hard over the last year to deliver our improved services, who have shared with me and each other mutual good will and support... you are a great bunch of people. In particular, I want to thank the President of the RAW Board, Ian McMichael, for his unfailing support and boundless energy.

Keep up the good work.

Elizabeth Little
Chief Executive Officer



From the Outreach Team

In 2018/2019, we have 8.8 Outreach Workers across the state, including a newly appointed part-time Outreach Worker on the West Coast. We also welcomed a new Team Leader for the North, Julie Ellis and wished Tony Barker a warm farewell as he enters other pursuits.

In 2018/2019 the Outreach program:

- received 424 new referrals and worked with 898 clients;
- delivered 2,531 face-to-face and 1,237 phone counselling and support sessions;
- identified 129 (14.3%) of our clients as 'at risk' of suicide or self-harm; 187 (20.82%) as 'in crisis'; and, 311 (34.6%) as 'isolated' or 'lonely' (a significant suicide risk factor);
- received 986 calls to its 24/7 1300HELPMATE crisis line.

Key events attend RAW were involved in:

- Crisis support following January and February bushfires in Huon and Derwent Valleys
- Participated in the West Coast Winter Solstice "Brightest Day" event
- Attended National Suicide Prevention Conference
- Exhibited at AGFEST and was 2019 Official Charity Partner for the event



From the Training and Capacity Team

The Training Team has continued building on its services this year and refined its products and courses to have the capabilities to deliver more efficient and effective primary prevention strategies.

Program Highlights:

- 15 Mental Health First Aid courses were delivered across rural Tasmania
- 1 Mental Health First Aid Refresher Course
- 253 individuals receiving national accreditation to be Mental Health First Aiders
- 31 communities undertook Healthy and Resilient Communities (HaRC) Program including training and information provision, community events, obtaining grants, delivering health checks and awareness programs
- 104 organisations or networks participated in HaRC including 35 community organisations or networks; 10 local governments; 15 state government services; 37 health providers; 3 businesses; and 4 other organisations including service clubs
- Contracted by Bluestone Tin mining for training of managers and crew members
- Rural Minds course run for Rural Business Tasmania Financial Counsellors
- Presentations at numerous training days and conferences including the 2018 Tasmanian Suicide Prevention Community Network Conference and the 2018 Australian Rural & Remote Mental Health Symposium



Rural Alive and Well Statistics

	2018-2019	2017-2018
Direct Client Contact – Family	167	213
Direct Client Contact – Individual	3,003	3,234
Scheduled Client Bookings	1,947	1,874
Unscheduled Bookings	1,223	1,573
Females	462	200
Intersex or indeterminate	2	1
Males	657	300



24/7 1300 HELP MATE Help Line

- In 2018/2019 the 24/7 1300HELPMATE crisis line received 986 calls
- There was 35% more phone support interventions than previous year
- The number of calls to the 24/7 line increased by 60% over the same period, this shows significantly demand and more targets service delivery

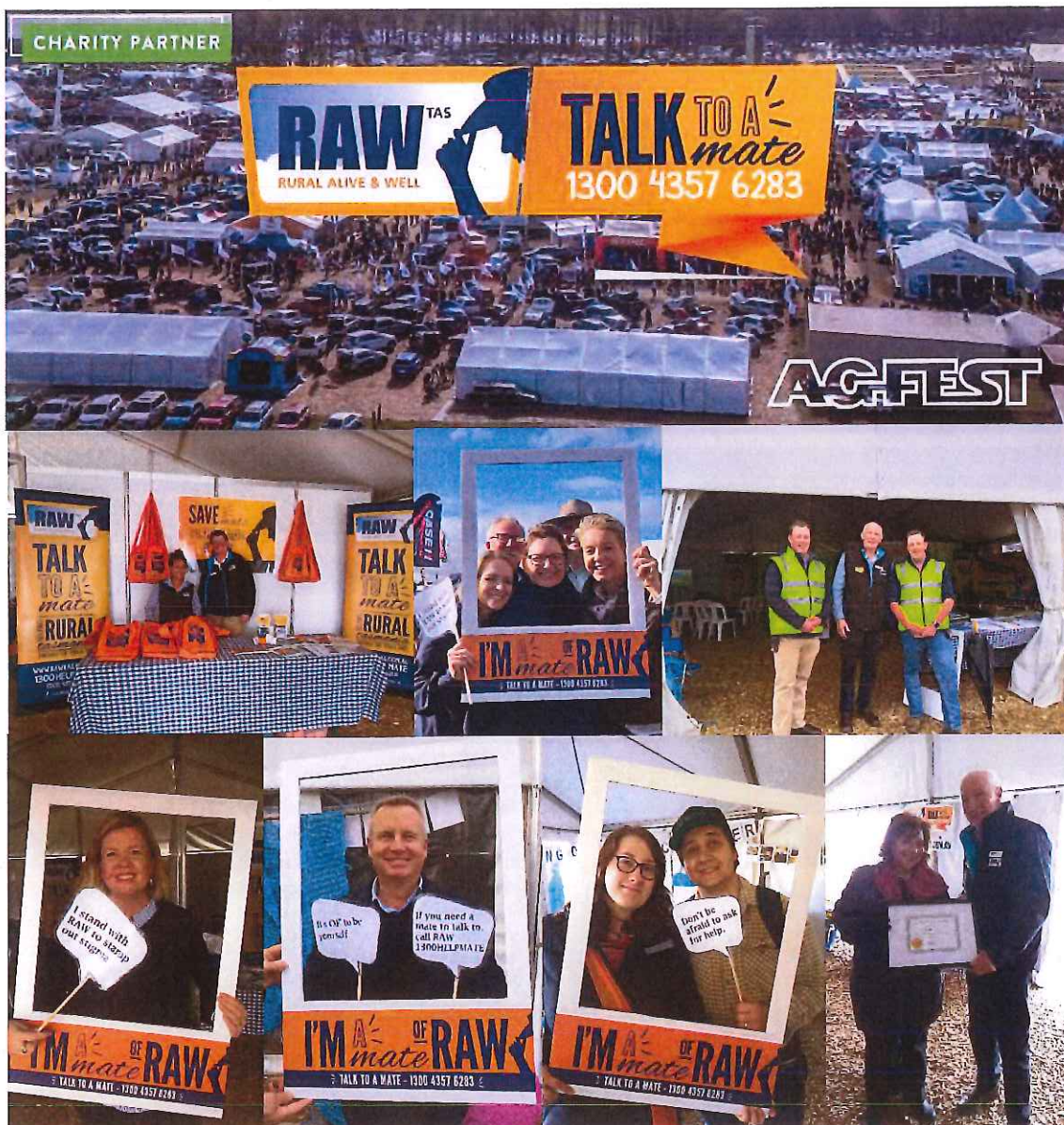


Image credit centre: Dave Groves Photography

RAW in the Community

In 2018/2019 RAW attended and assisted in many events across the rural Tasmanian community.

- Attended Old Mates Day
- Exhibited at Agricultural Shows around the state
- Exhibited at AGFEST 2019 as Official Charity Partner; RAW handed out over 950 bags, presented free information sessions, offered knitting and weaving and had great media coverage throughout the event
- Looking Out for One Another Projects in Bothwell and Oatlands
- Ran numerous information sessions state-wide



Information and knowledge sharing with local and interstate organisations

The work RAW achieves through low-cost, low-stigma mental health and suicide prevention programs are respected and highly regarded throughout Australia. In 2018/2019 RAW delivered knowledge sharing activities and coordinated visits from both local and interstate organisations. Activities included overviews programs and service models, escorting representatives from various organisations - from farm visits to visits to local veterinary practices, to assisting with collecting information to tackle the growing issue of veterinary suicide.

Such visits create new networks and strengthen existing. Visitors acknowledged that the interactions experienced with RAW and the rural communities enhanced their current understanding of the issues around rural mental health and suicide. Their exposure to our service models for individuals and families in the community together with relationship building with RAW Outreach Workers, was particularly successful.

Visitors to RAW included:

Brendan Cullen Lifeline Broken Hill Country to Coast.
 Jacinta Cullen Royal Flying Doctor Service South East Section
 John Harper Riverina Bluebells NSW
 Matthew Brooks Lifeboat SE SA
 Dr Susan Swaney from Geelong

Disaster Response

At the beginning of 2019 there were multiple bushfires across Tasmania, RAW would like to congratulate and thank the dedicated emergency support services during this difficult time.

RAW provided a response team. Through collaboration with the local Council's in the fire affected areas, RAW had Outreach workers present at evacuation centres to provide support for evacuees. During the emergency, workers monitored at risk residents in areas noted as watch and act areas.

The bushfire crisis reiterated the vast divide of available support services for those located in rural Tasmania regions affected by fires. Feedback from individuals in the Huon Valley noted the sheer number of support services to them which impacted greatly on individuals in a crisis situation. Compared to the Central Highlands fires which only had a couple of services present.

RAW values the dedication of our staff and would like to especially thank Kristy Mayne, who went over and above to support the Central Highlands region, along with all the other workers who provided assistance. During this time RAW diverted 347.75 man hours to assist individuals during the initial crisis to provide support affected individuals in these regions. Physical or emotional changes can occur in a matter of days, weeks, months or even years after traumatic events, and as such RAW has continued to monitor impacted individuals and will continue to provide follow-up community support in the months/years to come.

The Senior Management Group

Key highlights for the 2018/2019 year from the Senior Management Group included:

- RAW celebrating a decade providing support to rural Tasmania which has been successful through the strength of the local community and ongoing dedicated work from RAW staff
- RAW heavily resourced the 2019 bushfire crisis and would like to acknowledge the Management of Ruralco businesses, with their support RAW had state-wide household goods donation centres open within a 12-hour period
- Northern Team Leader Tony Barker retired in his role to take on other pursuits, thank you for your time in the role Tony, your humour and outlook will be missed by all.

Senior Management Group Financial Year Ending 2019

CEO	Executive Officer	Business Services Team Leader	Southern Outreach Team Leader	Northern Outreach Team Leader (from April)	Training and Capacity Development Team Leader
Liz Little 	Fran Curtis	Peta-Maree Davidson 	Darren Thurlow 	Julie Ellis 	John Clark 

The RAW Team Financial Year Ending 2019

- Outreach staff changes included a farewell to Ruth Fisher in the North of the state whilst we welcomed Martin Dicker into a role based on the West Coast. Martin has been pivotal in the implementation of the West Coast Suicide Prevention Network and RAW is looking forward to further building services on the West Coast.
- Early in 2019 the Administration Team saw some changes with Kylie and Jacki moving on a big thank you to the both of you for your contribution during your time with RAW.
- New members joined the team; RAW welcomed Spencer Cannell as Administration Officer and Sophie Kelly as Communications and Events Officer, they bring much experience and knowledge to their roles.

Organisation Chart Financial Year Ending 2019

President

Ian McMichael



Vice President

Nicholas Goddard



Junior Vice President

Anne Downie



Treasurer

Dianne Fowler



Secretary

Robin Thompson



Public Officer

Noel Beven



Board Members

Dr Robert Walters



John Tuskin



Virginia Mudie



Lynn Mason



Chief Executive Officer

Elizabeth Little



Executive Officer

Fran Curtis

Business Services Team Leader

Peta-Maree Davidson

Administration Officer

Spencer Cannell

Communications and Events Officer

Sophie Kelly

Outreach Team Leaders Southern/Northern

Darren Thurlow

Julie Ellis

Rural Outreach Workers

Andrew Baker

Ebony DeJesus

Martin Dicker

Martin Howell

Jayne Pike

John Clark

Amity Deans

Rhonda Gee-Mackrill

Kristy Mayne

Training and Capacity Development Team Leader

John Clark

Training and Capacity Development Team

Ebony DeJesus

Rhonda Gee-Mackrill

Jayne Pike

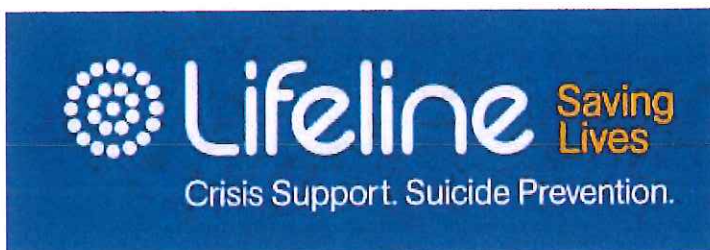
Amity Deans

Martin Howell

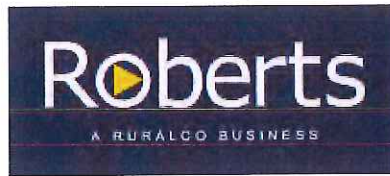
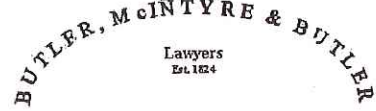
Areas of Service 2018 - 2019



Partners and Supporters



Partners and Supporters



2018/2019 Donors

Rural Alive & Well Inc. (RAW) would like to publicly thank all individuals who generously provided donations to RAW during 2018/2019 financial year. A thank you also goes out to those individuals that provide cash donations at events and at stores that hold RAW donation boxes. These individuals and organisations, to name a few who donated, to RAW in 2018/2019:

AAT Kings Tours Pty Ltd	M.Ferguson	V. Pearson
R. Andrew	B. Finlay	M. Richards
Bothwell Tourism Association	M. Fitzpatrick	Rotaract Club of Tamar Valley
A. Bailey	Fruit Growers Tasmania	L. Rubic
J. Bendzulla	B. Gilbery	Rural Press Limited
C. Brown	S. Glaser	Rural Youth of Tasmania
C. Burbury	N. Goddard	Ruralco Holdings Limited
C. Burnett	Graham Family Funerals	B.Saward
G. Byrne	R. Griffiths	M. Schumann
Cement Australia Holdings Pty Limited	D. Harris	Scottsdale Football Club
Central Highlands Community Centre	R. Herbet	Sealy's Store
J. Chambers-Smith	A. Hilder	J. Stanton
S. Champion	Hobart Vodafone Foundation	J. Stirling
K. Chatters	M. Hooda	H. Studniberg
Chicken Growers Association South Tasmania	I. Hopper	N and J Tahir
J. Connolly	House of Rhubarb	Tasmanian A Van Club
Connorville Station P/L	W. Hunt	Tasmanian Minerals and Energy Council
Cottage Bakery	G. Hutchinson	TASPOL Course 1/2018
Cromarty	IOOF - Staff Fundraising	TASTAFE Client Services Staff
D. Culkin	O. Jennings	The Cape Hope Foundation
R. Curry	S. Jones	Australian Tyre Traders
CWA Barnes Bay Bruny Island	Lions Club of Bothwell Inc	R. Valentine
CWA Bothwell	Lions Club of Bridport	P. Vincent
CWA Gift Shop	Lions Club of City of Devonport Inc.	Vodafone Foundation
W. Dedden	Lions Club of Hobart Town	Volvo Group Australia
Dept Health Morning Tea	Lions Club of Kings Meadows INC	D. Walker
W. Doggett	Lions Club of North East Inc.	S. Watt
M. Donde	Lions Club of Scottsdale	Jessica Weber
Dorset Council	Lions Club of St Helens Inc	Webster Trucks
S.Dowling	T. Lovibond	I. Wells
DPIPWE Staff Morning Tea	Macquarie Franklin Pty Ltd	W. Wells
A. Dunbabin	D. Maxwell	D. Wells
J. Durno	G. McCafferty	A. Wilson
East Coast Cruises	MSD Crossfit	A. Wise
L. Edwards	R. Norton	G. Woods
P. Edwards	F. Odell	Woolworths TPC Social Club
Fat Pig Farm	A. Parsons	

Rural Alive & Well Inc

A.B.N. 65 712 033 425

Financial Report

For the Year Ended 30 June 2019

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Rural Alive & Well Inc.

Income Statement

For the Year Ended 30 June 2019

	Note	2019 \$	2018 \$
INCOME			
Activities income		60,300	118,814
General income		-	23,410
Donations		145,756	99,019
Grant funding - DHHS		930,625	731,610
Fund - Prime Health Tas		333,436	326,495
Interest received		2,838	4,803
Training		68,684	32,503
Profit on Sale of MV		16,905	-
Other Income		-	4,545
Total Income		<u>1,558,544</u>	<u>1,341,200</u>
EXPENSES			
Accountancy and audit		5,086	6,015
Advertising		4,314	1,432
Bank charges		628	943
Board catering		401	174
Board expenses		195	59
Client brokerage		1,128	1,065
Depreciation		42,410	42,033
Dues and subscriptions		4,488	2,051
Electricity		4,177	5,081
Employee costs	3	1,196,124	1,096,675
External consultants		1,941	9,060
Insurance		56,116	79,812
Internet		764	955
IT - maintenance		5,370	5,957
IT - software		11,689	15,127
IT - website		1,249	595
Postage and shipping		625	210
Printing		19,597	2,455
Rates and charges		1,129	1,074
Recruitment		1,458	-
Rent and building maintenance		10,432	10,740
Review Costs		395	20,000

Rural Alive & Well Inc.

Income Statement

For the Year Ended 30 June 2019

	Note	2019 \$	2018 \$
Staff amenities		1,231	1,033
Stationery		6,926	7,595
Sundry expense		5,897	2,260
Telephone		14,809	19,678
Travel and accommodation		33,588	31,232
Vehicles and maintenance		82,231	86,463
Workshop Training Sessions		11,221	21,667
Workshop information session		10,003	3,408
Workshop seminars and conferences		7,796	4,620
Total Expenses		<u>1,543,419</u>	<u>1,479,468</u>
NET PROFIT		<u>15,126</u>	<u>(138,268)</u>

Rural Alive & Well Inc.

Balance Sheet

As at 30 June 2019

	Note	2019 \$	2018 \$
ASSETS			
Current Assets			
Cash	4	290,051	318,877
Trade and other receivables		64,212	52,713
Total Current Assets		354,263	371,590
Non-Current Assets			
Property, plant and equipment	5	129,562	121,097
Total Non Current Assets		129,562	121,097
TOTAL ASSETS		483,825	492,687
LIABILITIES			
Current Liabilities			
Trade and other payables	6	134,999	165,488
Unexpended grant money		38,378	46,970
Total Current Liabilities		173,377	212,458
Non-Current Liabilities			
Employee Provisions	7	119,590	104,787
Entity wind up costs	2	104,121	104,121
Total Non-Current Liabilities		223,710	208,908
TOTAL LIABILITIES		397,087	421,366
NET ASSETS		86,738	71,321
EQUITY			
Accumulated funds	8	86,738	71,321
TOTAL EQUITY		86,738	71,321

Rural Alive & Well Inc.

Statement of Cash Flows

For the Year Ended 30 June 2019

	Note	2019 \$	2018 \$
Cash flows from operating activities:			
Government grants, fees and other income		1,552,521	1,371,515
Interest received		2,838	4,803
Payments to suppliers and employees		<u>(1,516,695)</u>	<u>(1,325,492)</u>
Net cash (used in)/generated from operating activities	9	<u>38,663</u>	<u>50,826</u>
Cash flows from investing activities:			
Purchase & Sale of motor vehicles, plant and equipment		<u>(67,489)</u>	<u>(32,190)</u>
Net cash (used in)/generated from investing activities		<u>(67,489)</u>	<u>(32,190)</u>
Cash flows from financing activities:			
Proceeds from borrowings		<u>-</u>	<u>-</u>
Net cash (used in)/generated from financing activities		<u>-</u>	<u>-</u>
Net increase/ (decrease) in cash held and cash equivalents held		<u>(28,826)</u>	<u>18,636</u>
Cash and cash equivalents at beginning of financial year		<u>318,877</u>	<u>300,241</u>
Cash and cash equivalents at end of financial year		<u>290,051</u>	<u>318,877</u>

Rural Alive & Well Inc.

Statement of Changes in Equity

For the Year Ended 30 June 2019

	Retained Earnings
	\$
Balance 1 July 2017	209,589
Comprehensive Income	
Deficit for the year attributable to members of the entity	(138,268)
Other comprehensive income for the year	-
Total comprehensive income attributable to members of the entity	(138,268)
Balance at 30 June 2018	71,321
Comprehensive Income	
Deficit for the year attributable to members of the entity	15,126
Prior Period Adjustment	291
Other comprehensive income for the year	-
Total comprehensive income attributable to members of the entity	15,417
Balance at 30 June 2019	86,738

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2019

1 Accounting Policies

These financial statements are a special purpose financial report prepared in order to satisfy the reporting requirements of the *Association Incorporation Act (Tasmania) 1964*.

The committee have determined that the association is not a reporting entity and therefore there is no need to apply Australian Accounting Standards or other mandatory professional reporting requirements in the preparation and presentation of the financial statements.

The financial report has been prepared on an accruals basis and is based on historic costs modified by the revaluation of selected non-current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report:

(a) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a straight-line basis over their useful lives commencing from the time the asset is held ready for use.

(b) Revenue

Grants and fundraising revenue are recognised when the entity obtains control over the funds, which is generally at the time of receipt.

Government grants are recognised as revenue in the period in which they are actually received.

Interest and other income is recognised on receipt.

(c) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstance the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are show inclusive of GST.

2 Economic Dependency

Although there is no reason to believe that funding will cease, the ongoing viability of the organisation as a going concern is dependent on continued Government funding.

A non-current liability of \$104,121 has been quantified in the financial statements as at 30 June 2019. This amount has been determined and agreed upon by the members of R.A.W's Financial Audit Risk Committee to adequately disclose the forecasted costs that the organisation is reasonably expected to incur in order to wind up its operations, and discharge its obligations in the event that Government funding support is withdrawn.

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2019

	2019	2018
	\$	\$
3 Employee costs		
Wages and salaries	1,028,279	954,168
Superannuation	97,108	96,327
Long service leave provision	2,413	(10,530)
Annual leave provision	12,389	20,995
Sick leave provision	-	(7,103)
TOIL time paid	10,067	11,944
Training	11,971	10,389
Staff Supervision	13,903	10,215
Other employee expenses	19,994	10,269
	1,196,124	1,096,675
4 Cash		
ANZ - operating	9,612	53,170
ANZ - saver account	38,654	425
NAB - Term Deposit	150,176	-
CBA - operating	40,491	6,355
CBA - Term Deposit	-	208,626
CBA Term Dep. Interstate Fund	50,818	50,000
Petty Cash	300	300
	290,051	318,877
5 Property, Plant and Equipment		
Motor vehicles	281,554	336,116
Accumulated depreciation	(157,063)	(221,205)
Property & Equipment	24,267	21,323
Accumulated depreciation	(19,195)	(15,137)
	129,562	121,097
6 Trade and Other Payables		
Trade creditors	69,090	115,857
GST clearing	19,508	8,566
PAYG withholding payable	20,363	16,139
Superannuation payable	26,038	24,926
	134,999	165,488

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2019

	2019	2018
	\$	\$
7 Employee Provisions		
Note change of policy: The LSL provision has been adjusted to factor in the probability of employees completing 10 years of service starting from year 1. This is more in line with general accounting standards		
Provision for long service leave	28,633	26,220
Provision for annual leave	66,407	57,108
Provision for sick leave	24,550	21,460
	119,590	104,787
8 Accumulated Funds		
Accumulated funds b/f	71,321	209,589
Prior Period Adjustment	291	
Net Profit for the period	15,126	(138,268)
Closing balance	86,738	71,321
9 Cash Flow Information		
Reconciliation of Cash Flows from Operations with Operating Surplus / (Deficit)	2019	2018
	\$	\$
Operating surplus / (deficit)	15,126	(138,268)
Depreciation	42,410	42,033
Profit on disposal of fixed assets	16,905	
Changes in net assets and liabilities:		
(Increase)/ decrease in receivables	(11,500)	13,148
Increase/ (decrease) in payables	(30,489)	108,580
Increase/ (decrease) in provisions & other liabilities	6,211	25,332
	38,663	50,826

Rural Alive & Well Inc

Officers' Assertion Statement

For the Year Ended 30 June 2019

The Committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee, the attached financial report:

1. Presents a true and fair view of the financial position of the Rural Alive & Well Inc, as at 30 June 2019 and its performance for the period 1 July 2018 to 30 June 2019;
2. At the date of this statement, there are reasonable grounds to believe that the Rural Alive & Well Inc, will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:


.....
President


.....
Treasurer

Dated at Hobart this 20 day of August 2019

Independent Auditor's Report

To the members of Rural Alive & Well Inc

Opinion

We have audited the financial report of Rural Alive & Well Inc (the Entity), which comprises the statement of financial position as at 30 June 2019, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and the declaration by those charged with governance.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Entity as at 30 June 2019 and of its financial performance and its cash flows for the year then ended in accordance with *Australian Charities and Not-for-profits Act 2012 (ACNC Act)*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standard Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Rural Alive & Well Inc to meet the requirements of the ACNC Act. As a result, the financial report may not be suitable for another purpose.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation of the financial report in accordance with the ACNC Act, and for such internal control as Management determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.


In preparing the financial report, Management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditor's Responsibility for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: <http://www.auasb.gov.au/Home.aspx>. This description forms part of our auditor's report.



 Michael J Burnett B.Com. FCA
 Registered Company Auditor
 Partner, Accru+ Hobart
 Lvl 1, 18 Ross Avenue
 ROSNY PARK TAS 7018



 Date

Notes

